



# Senior Resource Group

**A trusted network of  
professionals providing  
education, services and support  
to the senior community in the  
Westmont Area.**

**2025**

# Senior Resource Group Business Listing

## **Health Insurance**

Clemens Enterprises, Inc.

## **Health Care Services**

ARC Physical Therapy

Bria of Westmont

Burgess Square Healthcare and Rehab Centre

The Hearing Care Clinic

Oasis Senior Advisors

Senior Living Experts

In-Home Caregivers

## **Home Care (Non-medical)**

At Home With You

Home Helpers Home Care

Seniors Helping Seniors - Home Care Services

## **Health & Wellness**

Mindful TMS Neurocare Centers

## **Real Estate Services**

Bea Wolfe Properties

Weichert, Realtors® – Homes by Presto

## **Financial Planning**

Equitable Advisors

## **Assisted Living**

Birches Assisted Living & Memory Care

Cordia Senior Residence

Terra Vista of Oakbrook Terrace

## **Vision Services**

Clarendon Vision Advanced EyeCare

## **Additional Community Resources**

Dementia Friendly Westmont

Downers Grove Township Senior Services

People's Resource Center

Westmont Fire Department

Westmont Park District Senior Center

Westmont Police Department

Westmont Public Library

## **Health Insurance**

### **CLEMENS ENTERPRISES, INC.**

We at Clemens Enterprises are independent health insurance brokers that take your needs into consideration. When do you go on Medicare, and what plan(s) should you pick? How do you know that the plan you picked in the past still is the best plan for you? We provide education, guidance, and assistance with enrollment so that the client feels that their needs will be met by their plan, within their budget.

### **Alyssa Clemens Vejendla**

41 N. Cass Ave., Westmont

(630) 971-8090 Email: [alyssa@clemens-enterprises.com](mailto:alyssa@clemens-enterprises.com)

[www.clemens-enterprises.com](http://www.clemens-enterprises.com)

## **Health Care Services**

### **ARC PHYSICAL THERAPY**

ARC has been voted Best Physical Therapy Clinic in DuPage 2019-2024. Our team of experienced therapists provide one-on-one care for all orthopedic problems, incontinence and pelvic floor issues as well as balance and vestibular disorders. We also have a medical gym to allow continued strengthening and conditioning after discharge.

### **John Christiansen, PT, OCS, ATC , Owner**

337 W Ogden Ave, Westmont

(630) 323-8646 Email: [jchristiansen@arc-rehab.com](mailto:jchristiansen@arc-rehab.com)

<http://arc-rehab.com/>

### **BRIA OF WESTMONT**

BRIA of Westmont, is a trusted leader for both short- and long-term care. We offer comprehensive medical services including: 24-Hour Nursing Care, Physical, Occupational, and Speech Therapies, Specialized Cardiac Programs including LVAD management, Orthopedic and Pulmonary Rehabilitation, On-Site Hemodialysis, VIHAR Services, Aquatic Pool Therapy. Our BRIA STRIVE Program is designed to help you return home more effectively following a hospital stay.

### **Carol Magpayo, Admission Director**

6501 S Cass Ave, Westmont IL, 60559

(224) 523-9196 Email: [cmagpayo@briahs.com](mailto:cmagpayo@briahs.com)

[www.briahs.com](http://www.briahs.com)

## **Health Care Services Continued**

### **BURGESS SQUARE HEALTHCARE & REHAB CENTRE**

Burgess Square Healthcare & Rehab Centre combines clinical excellence with genuine compassion, providing personalized rehabilitation in a warm, home-like setting. With a dedicated therapy team, a 5-star Medicare rating since 2017, and recognition as one of Newsweek's Best Nursing Homes 2025, we're a trusted sanctuary for families seeking peace of mind.

#### **Mike Hensley**

5801 S Cass Ave, Westmont IL, 60559

(630) 971-2645 Email:

[mikehensley@burgesssquare.com](mailto:mikehensley@burgesssquare.com)

[www.burgesssquare.com](http://www.burgesssquare.com)

### **THE HEARING CARE CLINIC**

We are a private, independent audiology clinic specializing in the evaluation, treatment, and management of hearing loss and tinnitus, including hearing aids and tinnitus devices. Our thorough diagnostic testing helps us create personalized treatment plans, and we collaborate with physicians. Our entire team looks forward to ensuring you are hearing at your very best.

**Dr. Gerda Dirzyte - Audiologist**, [Gerda@hccdq.com](mailto:Gerda@hccdq.com)

**Maria Morrison, Au.D.**, [Maria@hccdq.com](mailto:Maria@hccdq.com)

6800 S. Main Street, #114, Downers Grove, IL 60516

(630) 963-6161

[www.thehearingcareclinic.com](http://www.thehearingcareclinic.com)

### **OASIS SENIOR ADVISORS**

Oasis is a free service to help find safer living options for older adults based on budget, preferred location, and medical or social needs. Julianne is a registered nurse who practices HIPPA compliance and never discloses your contact information to anyone until you have found the right place. We tour with our clients and help navigate all aspects of senior living.

**Julianne Rizzo RN, MBA, CSA,CDP - Owner**

Westmont, IL. 60559

708-929-8221 Email: [jrizzo@youroasisadvisor.com](mailto:jrizzo@youroasisadvisor.com)

[www.oasisadvisor.com/southwestchicago](http://www.oasisadvisor.com/southwestchicago)

## **SENIOR LIVING EXPERTS**

Hello! I have been in the Senior Living industry for almost 30 years now. My free service covers the Western Suburbs, as well as the rest of the Chicagoland area. I identify Independent Living communities, Assisted Living, Memory Care, Supportive Living Communities, and In-Home Care options for the senior, which takes away the stress of an overwhelming process.

### **Kerry Quirin**

Downers Grove, IL. 60515

630-800-7865 Email: [kerry@seniorlivingexperts.com](mailto:kerry@seniorlivingexperts.com)

<http://seniorlivingexperts.com/>

## **IN-HOME CAREGIVERS**

We are a Nurse Practitioner-owned and operated home care agency, specializing in chronic illness management and dementia care, providing superior oversight beyond basic homemaking and personal care. Our holistic approach helps older adults live independently while educating family caregivers on identifying and managing high-risk conditions. By proactively monitoring symptoms, we empower seniors to maintain a better quality of life at home, giving their loved ones peace of mind.

### **Isoken Ogbomo Administrator & Family Nurse Practitioner**

402 W Boughton Rd A, Bolingbrook, IL 60440

(630) 300-0446

Email: [info@in-homecaregivers.com](mailto:info@in-homecaregivers.com)

<https://in-homecaregivers.com/about/>

## **Home Care (Non-medical)**

### **AT HOME WITH YOU**

Non-franchised home caregiver services, RN-owned and operated, delivering exceptional, individualized, RN-managed care. Licensed and insured, with two licenses to provide you with the best options for the most cost-effective care. Our highly trained compassionate caregivers undergo background checks, drug testing, fingerprinting, and ongoing education-including dementia care.

### **Christina Urbanski, RN, BSN - Agency Owner and Operator**

Westmont

(630) 786-6070 Email: [Curbanski@AtHomeWithYou.com](mailto:Curbanski@AtHomeWithYou.com)

[www.AtHomeWithYou.com](http://www.AtHomeWithYou.com)

## **Home Care (Non-Medical) Continued**

### **HOME HELPERS HOME CARE**

Home Helpers Home Care, a state-licensed and locally owned agency, ranks #14 nationally and #1 in Illinois for client and caregiver satisfaction. Our trusted caregivers provide compassionate, customized care, including dementia support, post-surgery assistance, personal care, meal prep, errands, transportation, and more. See our 5-star ratings on Google and 260+ client reviews on Caring.com.

#### **Brian Davis, Owner**

Hinsdale

(630) 323-7230

Email: [brian@homehelpershomecare.com](mailto:brian@homehelpershomecare.com)

<https://www.homehelpershomecare.com/hinsdale/>

### **SENIORS HELPING SENIORS Home Care**

Experienced "SENIOR" caregivers help you after rehabilitation, including: Companionship, Meal Prep, Cleaning, Personal Care, Dementia, Transportation and more, with a custom schedule with no minimums. Our VA PROGRAM offers FREE care hours. Trained, Experienced, Licensed, Bonded, Insured, Background & Health-Screened employees are active, mature, outgoing seniors who really care!

#### **Dan Rattary - Chief Care Officer**

Westmont (Du Page County Branch)

(630) 324-6086 Email: [shsillinois@comcast.net](mailto:shsillinois@comcast.net)

[www.seniorcaredupagecounty.com](http://www.seniorcaredupagecounty.com)

## **Health & Wellness**

### **MINDFUL TMS NEURO CARE & PSYCHIATRIC SERVICES**

Mindful TMS offers FDA-approved, non-medication treatment for depression, OCD, anxiety, and other mental health disorders using neuronavigation-targeted TMS. With five Chicagoland locations, they provide specially trained therapists and accept most insurance plans. Additional services include access to psychiatrists, NPs, and LCSWs for in-office and telehealth psychotherapy and medication management, aiming to provide safe, effective treatment for patients.

#### **Murali Rao, MD, Psychiatrist, Owner**

120 E. Ogden Ave, Suite 101, Hinsdale, IL 60521

(630) 366-7330 Email: [info@mindfultms.com](mailto:info@mindfultms.com),

[www.mindfultms.com](http://www.mindfultms.com)

## **Real Estate Services**

### **BEA WOLFE PROPERTIES**

I am Bea Wolfe, a Seniors Real Estate Specialist (SRES) and Real Estate Broker. I focus on helping seniors and their families with the often-complex transitions of downsizing, relocating, or aging in place. With compassion and deep local expertise, I'm here to make these life changes as smooth as possible.

#### **Bea Wolfe**

@properties Christie's International Real Estate  
Hinsdale, IL 60521

(630) 642-7797 Email: [bea@atproperties.com](mailto:bea@atproperties.com)

<http://beawolfeproperties.com>

### **WEICHERT, REALTORS® – HOMES BY PRESTO**

I work with seniors to make the transition to a new home seamless. With one call to Weichert, Realtors, I can assist you with everything pertaining to the move and sale of your home. We will pack, move and settle you and we can help with everything that is left behind. We can get the home ready to sell.

#### **Joanne Rancich, Realtor**

Weichert, Realty-Homes by Presto, Presto Real Estate Services  
1717 N Naper Blvd.

Naperville, IL 60563

(630) 222-6662 Email: [joannelr@sbcglobal.net](mailto:joannelr@sbcglobal.net)

[www.prestorealestate.com](http://www.prestorealestate.com)

## **Financial Planning**

### **EQUITABLE ADVISORS**

We deliver innovative risk and wealth management strategies along with protection products. We specialize in creating innovative, holistic financial plans to fit individual and business needs and budgets. We focus on guaranteed income strategies as well as wealth building investments.

#### **Nora Hernandez**

630-954-6875

Email: [Nora.hernandez@equitable.com](mailto:Nora.hernandez@equitable.com)

Email: [Clare.nawrocki@equitable.com](mailto:Clare.nawrocki@equitable.com)

#### **Clare Nawrocki**

630-575-5043

1515 W 22nd Street, Suite 300

Oak Brook, IL 60523

(630) 786-6070 [www.Equitable.com](http://www.Equitable.com)

## **Assisted Living**

### **THE BIRCHES ASSISTED LIVING AND MEMORY CARE COMMUNITY**

Locally owned and operated since 1999, we've been committed to offering a rewarding lifestyle that focuses on successful aging. Apartments are cozy, private, and secure, the way a home should be. And our community spaces are intimate, warm and welcoming. The Birches is a certified Montessori Inspired Lifestyle community for both assisted living and memory care. Our community strives to create a great place to live and work.

#### **Mary Ferguson**

215 55th Street, Clarendon Hills IL 60514

630-789-1135 Email: [MFerguson@Birches.net](mailto:MFerguson@Birches.net)

<http://www.birches.net/>

### **CORDIA SENIOR RESIDENCE OF WESTMONT**

Cordia provides an active lifestyle for Independent and Assisted Living seniors, focusing on meaningful engagement and dignified personal care.

Our residents enjoy quality services, diverse programs, and a variety of well-appointed apartments rentals, many with full kitchens. Visit us to discover all that Cordia has to offer.

#### **Shelly Lindsey - Director of Community Relations**

865 N. Cass Ave, Westmont, IL 60559

630-887-7000 Email: [slindsey@cordia.biz](mailto:slindsey@cordia.biz)

[www.CordiaSeniorLiving.com](http://www.CordiaSeniorLiving.com)

### **TERRA VISTA OF OAKBROOK TERRACE**

Terra Vista of Oakbrook Terrace is a licensed assisted living complex exclusively designed as secure apartment living for those 55+ and diagnosed with memory loss. Terra Vista combines world class care with state of the art technologies to improve quality of life and maintain familial connections.

#### **Mark Davis**

1635 S Ardmore Ave., Oakbrook Terrace, IL 60181

(630) 534-0886 Email: [mdavis@terravista.org](mailto:mdavis@terravista.org)

[www.TerraVista.org](http://www.TerraVista.org)



## **Vision Services**

### **CLARENDON VISION ADVANCED EYECARE**

Clarendon Vision Advanced EyeCare provides personalized, expert vision care, specializing in Primary Care Optometry, Dry Eye Relief, Neuro Optometry, and Ocular Disease Management. Our dedicated doctors empower patients with insights into the transformative impact of tailored vision exams and treatment plans.

#### **Dr. Dana Shannon**

Clarendon Vision Advanced EyeCare

700 E Ogden Avenue, Suite 200

Westmont, IL 60559

(630) 323-7300 Email: [info@clarendonvision.com](mailto:info@clarendonvision.com)

[www.clarendonvision.com](http://www.clarendonvision.com)

## **Additional Community Resources**

### **DEMENTIA FRIENDLY WESTMONT**

Dementia Friendly Westmont seeks to raise awareness, reduce stigma, provide resources, and increase support for those living with dementia through education and coordination of resources. To assist residents, Resource-Guide has been created that features contact information for local resources. The brochure is available at various locations throughout the community and online. For more information, please contact us via

email [DementiaFriendlyWestmont@westmont.il.gov](mailto:DementiaFriendlyWestmont@westmont.il.gov)

### **DOWNERS GROVE TOWNSHIP SENIOR SERVICES**

Downers Grove Township Senior Services supports the independence and well-being of older adults by offering a variety of resources and referrals. Our senior center hosts fun, enriching programs such as games, art and computer classes, educational seminars, and social events. We also provide essential services, including Dial-A-Ride transportation, Benefit Access application assistance, passport processing, voter registration, and more.

#### **Sarah Behrens, Human Services Outreach Coordinator**

4340 Prince Street, Downers Grove, 60515

(630) 719-6685 Email: [sarah.behrens@dgtownship.com](mailto:sarah.behrens@dgtownship.com)

[www.dgtownship.com](http://www.dgtownship.com)

## **Additional Community Resources Continued**

Since 1975, **People's Resource Center** (PRC) has been bringing neighbors together to respond to hunger and poverty in DuPage County. PRC serves more than 25,000 DuPage residents annually with food, clothes and rent assistance; or by empowering people with resources like education and tutoring, jobs, technology, art, and a caring community - to create a future of hope and opportunity for all.

### **Carl F. Alston, APR**

104 Chestnut Ave., Westmont, IL 60559  
(630) 682-5402 Email: [prc1@peoplesrc.org](mailto:prc1@peoplesrc.org)  
[www.Peoplesrc.org](http://www.Peoplesrc.org)

## **WESTMONT FIRE DEPARTMENT**

The Westmont Fire Department is committed to the safety and education of both children and adults within the community.

### **Steve Riley, Fire Chief**

6015 Cass Ave, Westmont  
(630) 981-6400  
for emergencies: call 911

## **WESTMONT PARK DISTRICT SENIOR CENTER**

Open 8:30-4:30pm Mon-Fri.  
Come out for movies; bingo, classes in: watercolor, Tai Chi, Ageless Grace Chair Fitness & more. The Young At Heart Newsletter gives information on bus trips, events, services & programs.

### **Alice Krampits, Senior Coordinator**

55 E. Richmond St., Westmont  
(630) 969-8080

## **WESTMONT POLICE DEPARTMENT**

A list of links to important information that may be helpful to the citizens of Westmont can be found here: <https://westmont.illinois.gov/567/General-Information>

### **James Gunther, Chief of Police**

500 North Cass Avenue, Westmont  
(630) 981-6300 for emergencies: call 911

## **WESTMONT PUBLIC LIBRARY**

The Library welcomes seniors to experience a wide range of materials and services—from free computer and internet access to a variety of events and programs, as well as friendly, patient, and helpful staff. They have large print books, special equipment for vision-impaired computer users, audiobooks, and e-audiobooks. Monthly home delivery is available to Westmont Public Library cardholders who cannot make it to the library due to disability, illness, or injury.

### **Adult Services**

428 N. Cass Ave, Westmont

630.869.6155 Email: [reference@westmontlibrary.org](mailto:reference@westmontlibrary.org)  
[www.westmontlibrary.org](http://www.westmontlibrary.org)

**DuPage County Senior Services Hotline**  
**(630) 407-6500**

## **211 Information Hotline**

**<https://211dupage.gov>**

211 is FREE service used by millions of people In DuPage County and US. Contact 211 to access free and confidential crisis and emergency counseling, disaster assistance, food, health care and insurance assistance, stable housing and utilities payment assistance, employment services, veteran services and childcare and family services.

- 211 provides expert, caring help — They listen, identify underlying problems, and connect people with resources and services that improve their lives.
- 211 meets real needs in real time
- 211 tackles underlying root causes – 211 does more than “patch people through” to agencies. Instead, 211 specialists are trained to identify and address root causes of a client’s problem – and connect them with a wide range of available resources that meet all the underlying needs, not just the one that prompted the call, text or email.

# Senior Resource Group

Check out our Facebook Page:



## DuPage Area Senior Resources

For up-to-date information, videos and current activities and events sponsored by these businesses

Online version of this brochure available at

<https://tinyurl.com/westmontsrg>



**westmont**  
Chamber of Commerce  
*and Tourism Bureau*

1 South Cass Avenue, Suite 101

Westmont, IL 60559

Phone 630-960-5553

E-mail: [wcctb@westmontchamber.com](mailto:wcctb@westmontchamber.com)

[westmontchamber.com](http://westmontchamber.com)